

Leave No Trace Rules

1. Know Before You Go

- a. Bring clothes to protect you from cold, heat, or rain
- b. Use maps to find your way around
- c. Learn about the areas you visit by reading books and talking to people

2. Choose the Right Path

- a. Stay on the main trail
- b. Don't step on flowers or small trees because it can hurt them

3. Trash your Trash

- a. Any trash you bring in, must come out with you including litter and crumbs
- b. Keep rivers and lakes clean by not bringing soap, food, and waste into them

4. Leave what you find

- a. Leave plants, rocks, and historical items as you found them
- b. Don't change campsites by digging trenches or building structures

5. Be Careful with Fire

- a. Make sure campfires are allowed where you are
- b. Use sticks from the ground instead of breaking sticks off trees to feed your fire
- c. Make sure the fire is completely out before you leave

6. Respect Wildlife

- a. Look at animals from a distance
- b. Never get close to, feed, or follow animals
- c. Make sure your food is away from where animals could get them
- d. Keep your dog on a leash

7. Be Kind to other Visitors

- a. Don't make loud noises or yell in nature
- b. You will see more animals if you are quiet

Leave No Trace Do's and Don'ts

What's wrong with these situations? For each question, answer what the people could have done better to follow Leave No Trace and which leave no trace rule it didn't follow.

1. Abby and Larry are visiting a park when they find a really cool rainbow rock. They decide to take it home to show their parents.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

2. Jordan and Tyler are in a park when they see a deer in a field. They walk up to the deer and feed it some granola from their backpack. Then their unleashed dog runs over and chases away the deer.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

3. Darren and Greg are camping at Bear Brook and roasting marshmallows over the fire. There's a tree next to the campground that they break branches off of to add to the fire. They don't check to see if the fire is out before they leave, but they think it's fine.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

4. Joseph is on a multi-night camping trip. He needs to clean himself, so he brings his bar of soap into the river to have a bath.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

5. Ella and Robert bring their speakers to the park, so they can play music. Once they get there, they realize there's no one else around so they turn up the music as loud as it can go.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

6. Sam and Lia decide they're going to visit a new park and go without looking at the website or asking friends about it. Once they get there, it starts raining so they're wet and cold their entire hike.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____

7. John and June are hiking on a path when they see a beautiful flower under a tree a little ways away, so they walk over to look.

What's wrong with this situation? _____

Which leave no trace rule is not being followed? _____